

Please note: all prices are subject to fluctuation. These prices are as of 20 July 2020.

<b>Dried Food</b>	
<i>Organic</i> white basmati	42p/100g
<i>Organic</i> brown basmati	42p/100g
White basmati	32p/100g
Sticky kilombero white rice (Malawi)	34p/100g
Brown basmati	32p/100g
Organic arborio rice	32p/100g
Organic red rice	50p/100g
Red lentils	25p/100g
Puy lentils	22p/100g
Chick peas	24p/100g
Blackeye beans	30p/100g
Split yellow peas	22p/100g
<i>Organic</i> split fava beans	39p/100g
Marrowfat peas (seasonal)	25p/100g
Haricot beans	39p/100g
Organic black turtle beans	50p/100g
Organic butter beans	75p/100g
Organic kidney beans	57p/100g
Organic quinoa	72p/100g
<i>Organic</i> bulgur wheat	24p/100g
Organic pearl barley	22p/100g
<i>Organic</i> Cous cous white	29p/100g
Organic Cous cous wholewheat	29p/100g
Organic polenta	36p/100g
Popping corn	20p/100g
<i>Organic</i> fusilli	32p/100g
<i>Organic</i> wholewheat penne	32p/100g
<i>Organic</i> penne	32p/100g
Organic Spaghetti	29p/100g
Organic white gomitini	30p/100g
Artisan Einkorn /Emmer/Spelt pasta	60p/100g
Organic white lasagne sheets	48p/100g
Wheat noodles	45p/100g
<b>Cereals</b>	
<i>Organic</i> jumbo oats	24p/100g
<i>Organic</i> porridge oats	24p/100g
<i>Organic</i> Malted bran flakes unsweetened	66p/100g
Porridge oats	14p/100g
Muesli base	18p/100g
Super Deluxe muesli	40p/100g
Organic quinoa puffs	£1.70/100g
Kelloggs Rice Krispies	63p/100g
Kelloggs Corn Flakes	60p/100g
Weetabix Malt Crunchies	57p/100g

Awesome Almond Granola	£1.20/100g
<b>Dried Fruit</b>	
<i>Organic</i> Raisins	62p/100g
<i>Organic</i> chopped apricots	80p/100g
Cranberries sugar sweetened	£1.10/100g
Dried apple rings	£1.22/100g
Organic Mango slices	£2.15/100g
Dates	75p/100g
Organic sultanas	51p/100g
<b>Nuts &amp; Seeds</b>	
Cashews whole	£1.70/100g
Walnut halves	£1.40/100g
Almonds	£1.18/100g
Pine nuts	£4.35/100g
Organic Hazelnuts	£1.73/100g
<i>Organic</i> Sunflower seeds	55p/100g
<i>Organic</i> Pumpkin seeds	82p/100g
Pecan halves	£2.05/100g
Chia seeds	£1.10/100g
Golden linseeds / Flax seeds	45p/100g
Organic shelled hemp seeds	£1.70/100g
Organic Sesame seeds	80p/100g
Honey coated cashews	£2.40/100g
Ground almonds	£1.48/100g
Flaked almonds	£1.56/100g
Dessicated coconut	55p/100g
Poppy seeds	12p/10g
<b>Snacks</b>	
Hot Bombay mix	65p/100g
Spicy chick peas	48p/100g
Roasted fava beans salt & vinegar	93p/100g
Roasted fava beans chilli & lime	93p/100g
Smoked paprika split yellow peas	93p/100g
Dark Chocolate Brazils	90p/100g
Milk chocolate hazels	90p/100g
Milk chocolate raisins	79p/100g
Yoghurt coated raisins	£1.00/100g
Dark chocolate gingers	£1.05/100g
Dark chocolate coffee beans	£1.20/100g
Vegan chocolate buttons	£1.35/100g
Vegan chocolate raisins	£2.20/100g
White chocolate buttons	99p/100g
<b>Oils &amp; Vinegars</b>	
Apple Cider Vinegar	80p/100ml

Rapeseed oil	45p/100ml
Olive oil	£1.05/100ml
<b>Baking</b>	
Organic raw cacao nibs	£1.40/100g
<i>Organic</i> Cocoa powder	£1.27/100g
Baking powder	42p/100g
Cornflour	28p/100g
Caster sugar	22p/100g
Icing sugar	20p/100g
Soft light brown sugar	26p/100g
Desiccated coconut	55p/100g
Spelt flour	30p/100g
Chick pea (gram) flour	28p/100g
Bicarbonate of soda	40p/100g
Vegetable suet	59p/100g
Nutritional yeast	32p/100g
Fine sea salt	22p/100g
Coarse Suffolk Salt	55p/100g
Celtic Salt	£1.40/100g
Organic plain white flour	20p/100g
Organic wholemeal plain flour	17p/100g
Organic self raising flour	18p/100g
Organic strong white bread flour	18p/100g
Organic strong wholemeal bread flour	18p/100g
Organic malthouse flour	20p/100g
Doves Organic rye flour 1kg	£2.15
Organic buckwheat flour	50p/100g
Active dried yeast	16p/10g
Doves Gluten free brown bread flour 1kg	£2.60
Doves Gluten free plain flour 1kg	£2.50
Doves Gluten free self raising flour 1kg	£2.50
Doves gluten free white bread flour 1kg	£2.50
<b>Herbs &amp; Spices</b>	
Basil	48p/10g
Bay leaves	2.34p/10g
Cardomon pods	78p/10g
Cayenne pepper	20p/10g
Chinese 5 spice	22p/10g
Chilli crushed	30p/10g
Chilli ground	20p/10g
Cinnamon ground	20p/10g
Cinnamon sticks	60p/10g
Cloves whole	30p/10g
Coriander ground	24p/10g
Coriander seeds	30p/10g
Cumin seeds	23p/10g

Cumin ground	20p/10g
Curry leaves	£4.00/10g
Curry powder madras medium	20p/10g
Fajita Spice mix	42p/10g
Fennel Seed	22p/10g
Garam Masala	20p/10g
Garlic minced	
Garlic powder	22p/10g
Ginger ground	22p/10g
Italian seasoning	70p/10g
Kafir Lime Leaves	£4.00/10g
Marjoram	42p/10g
Mint	26p/10g
Mixed herbs	24p/10g
Mixed Spice	22p/10g
Mustard seeds black	22p/10g
Nigella seeds (black onion)	30p/10g
Onion powder	22p/10g
Oregano	26p/10g
Paprika	20p/10g
Paprika smoked	24p/10g
Parsley	48p/10g
Peppercorns black	23p/10g
Poppy seeds	12p/10g
Ras el hanout	42p/10g
Rosemary	38p/10g
Sage	48p/10g
Star anise	60p/10g
Tarragon	£1.00/10g
Thyme	36p/10g
Turmeric	22p/10g
Vanilla pods	£3.50 each
Vegetable bouillon	14p/10g
<b>Coffee Beans</b>	
Born 40	£3.00 / 100g
decaf	£3.50 / 100g
Home blend	£3.00 / 100g
<b>Loose Tea</b>	
Chamomile	£4.80 / 100g
Sencha	£4.00 / 100g
Earl Grey	£4.00 / 100g
Peppermint	£4.00 / 100g
English breakfast	£3.45 / 100g
Rooibos	£4.80 / 100g
Yorkshire	£2.40/100g
Decaf	£4.12/100g

<b>Cleaning</b>	
Washing up liquid	£2.30 / litre
Bio laundry liquid	£4.00 / litre
Non-bio laundry liquid	£3.50 / litre
Non-bio laundry powder (concentrated)	£4.80/kg
Fabric conditioner	£2.50 / litre
Hand soap Rose	£6.50 / litre
Hand soap Fig	£6.50 / litre
Rinse aid	£3.50 / litre
Toilet cleaner	£2.90 / litre
White vinegar	£1.70 / litre
Surface cleaner Lav & rosem	£2.80 / litre
Bicarb of soda	40p/100g
Citric Acid	45p/100g
Dishwasher powder	60p/100g
Dishwasher salt	19p/100g
<b>Beauty</b>	
Selection of skincare from the Maldon Soap Co	
Flawless Oat & Kaolin facial cleanser 60ml/120ml	£7.95/£13.95
Love the planet mineral makeup - foundation	£1.12/1g
Love the planet mineral makeup - concealer	£1.75/1g
Love the planet mineral makeup - perfecting	£1.75/1g
Love the planet mineral makeup - eyeshadow	2.5/1g
Love the planet mineral makeup - blusher	1.75/1g
Oli & Loz lip and cheek tint	£12
Flawless buffing foundation brush	£7.95
Flawless powder/blusher brush	£7.95
Flawless mini kabuki brush	£4.50
Flawless eyeshadow brush	£4.00
<b>Bathroom</b>	
<b>Liquid refills</b>	
Faith in Nature shampoo Aloe Vera refill	£1.50 /100ml
Faith in Nature conditioner Aloe Vera refill	£1.50/100ml
Faith in Nature shampoo Lavender & Geranium refill	£1.50 /100ml
Faith in Nature conditioner Lavender & Geranium refill	£1.50 /100ml
Faith in Nature shampoo Tea Tree refill	£1.50 /100ml
Faith in Nature conditioner Rosemary refill	£1.50 /100ml
Faith in Nature body wash Orange & Grapefruit	£1.60/100ml
Faith in Nature body wash Lavender & Geranium	£1.60/100ml
Cole & Co shampoo Lan Y Mor refill	£1.50 /100ml
Cole & Co conditioner Lan Y Mor refill	£1.50 /100ml
Cole & Co body wash Lavender, Rosemary & Spearmint	£1.50/100ml
Cole & Co body wash Pomegranate	£1.50/100ml
Alter/native shampoo Clear & Simple refill	90p/100ml
Alter/native conditioner Clear & Simple refill	90p/100ml

Alter/native body wash Coconut & Argan	90/100ml
<b>Soaps / shampoo bars</b>	
Unpackaged Friendly soap Aloe Vera	£2.50
Unpackaged Friendly soap Tea Tree and Turmeric	£2.50
Unpackaged Friendly soap Orange & Grapefruit	£2.50
Unpackaged Friendly soap Lemongrass & hemp	£2.50
Unpackaged Friendly soap Sandalwood & Patchouli	£2.50
Unpackaged Friendly soap Detox Lime and Rosemary	£3.00
Unpackaged Friendly facial soap Cocoa Butter	£3.00
Unpackaged Friendly shaving bar	£3.00
Unpackaged Friendly shampoo bar Lavender & Tea Tree	£3.00
Unpackaged Friendly shampoo bar Lavender & Geranium	£3.00
Alter/native shampoo bar Coconut & Argan oil	£3.90
Alter/native conditioner bar Coconut & Argan oil	£5.90
A selection of soaps and shampoo bars from Maldon Soap Co	
<b>Other bathroom</b>	
Moonbeam cream large/small	£18.00/£10.00
Moonbeam drops body oil	£15.00
Fit pit deodorant 25ml / 100ml	£4.00 / £10.00
Scence deodorant stick	£14.00
Scence body balm	£12.00
Scence hand balm	£9.00
Scence face balm	£12.00
Scence lip balm	£4.10
Biork deodorant crystal stick	£12.50
Truthbrush (bamboo toothbrush) adult medium	£4.50
Tiny Truthbrush (bamboo toothbrush) child soft	£4.50
Ben & Anna toothpaste	£9.00
Tooth floss cornstarch	£4.95
Bamboo makeup rounds pack of 5	£6.00
Bamboo face cloths (single & double ply)	£4.50 - £6.00
Bloom & Nora bamboo sanitary towels (4 sizes)	£4.99 - £8.99
Muhle stainless steel razors (silver / rose gold)	£32.50-£35.00
Bamboo cotton buds	£1.99
Bamboo plasters	£6.99
Boxroll toilet roll (luxury or recycled)	60p / roll
Boxroll toilet roll (luxury or recycled) box of 24	£13.20
Epsom salts	25p / 100g
Wooden nail brush	£5.50
Children's wooden nail brush	£4.00
<b>Kitchen</b>	
D2w degradable food bags medium / large	£1.75
D2w degradable swing bin bags 50l	£1.85
D2w degradable refuse sacks	£2.00
D2w pedal bin liners 20l	£2.00

Maistic compostable waste bags 30l	£3.10
Compostable caddy liners 10l	£3.40
Joolkat reusable sponges	£7.00
Loofco washing up pad	£3.00
Loofco cleaning pad	£3.15
Safix coconut scourer large / small	£3.50/£2.00
Eco coconut scourers pack of 2	£5.00
Wooden dish brush	£3.95
Replacement dishbrush head	£2.50
Beeswax wraps (various makes / sizes)	from £12.00
Vegan wax wraps	£13.50
Ecoleaf dishwasher tablets box of 25	£5.45
Ecoleaf dishwasher tablets box of 70	£13.75
Recycled aluminium foil	£3.20
Compostable baking parchment	£4.40
Bamboo children's cutlery (6m+, 12m+, 18m+)	£6.50
<b>Reusables</b>	
Various sized glass jars	£2.00 - £5.70
Oil and vinegar bottles, green & clear	£2.50
Organic cotton produce bags medium / large	£2.75 - £3.50
Organic cotton mesh produce bags medium / large	£2.75 - £3.50
Glass pump bottles 300ml	£4.00
Stainless steel lunch boxes	various
Huskup coffee cups with lid (assorted designs)	£10.95
Kactus glass coffee cup with lid	£13.00
Jedz water bottles 350ml	£16.00
Jedz water bottles 500ml	£18.00
Jedz sports lid	£5.00
Metal straws	£1.49 - £1.99
Ceramic hand made soap dishes	£14.50
Bamboo soap dish	£4.99
Rectangular soap tin	£3.00
Tea infusers small / large	£2.00 - £3.00
Fountain tin	£2.75
Eyeshadow tin	£1.00
<b>Gifts / home</b>	
Heaven scent soy candles in glass jar	£11.00
Seb & Polly Planet children's book	£8.99
Eco tape	£3.00
Eco parcel tape	£5.00
Recycled kraft wrapping paper 10m	£5.00
Selection of wooden handmade childrens toys / games:	
Bees & Hives game	£10.00
Frogs & Ponds game	£10.00
Alphabelt bag	£38.00
Ladybird counting	£18.00

Scavenger hunt	£18.00
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